

**INTERNATIONAL CANICROSS FEDERATION (ICF)
WORLD CHAMPIONSHIP 2026**

**ANTI-DOPING REGULATIONS FOR CANICROSS - Ver. 1.15.09.25
(CANICROSS, BIKEJORING, SCOOTER)**

(ANNEX 3) FORM OF EXEMPTION T

N.B. THIS FORM MUST BE COMPLETED IN EVERY PART BY THE VETERINARIAN TO DEFINE THE DIAGNOSIS AND TREATMENT OF HYPOTHYROID DOG THAT NEED TO CONTINUE HORMONE THERAPY DURING THE RACE

PLACE, DATE

a) PRESCRIBING VETERINARIAN:

NAME AND SURNAME
OFFICIAL REGISTRATION NUMBER
ADDRESS (STREET, CITY, COUNTRY)
TELEPHONE

b) IDENTITY OF THE OWNER:

NAME AND SURNAME
ADDRESS (STREET, CITY, COUNTRY)
TELEPHONE

c) IDENTITY OF THE DOG:

MICROCHIP
NAME
DATE OF BIRTH
BREED
SEX
WEIGHT

d) PRE-THERAPY LABORATORY VALUES:

N.B. ATTACH FIRST LABORATORY REPORT, SHOWING DOG AND LABORATORY DATA IDENTIFICATION (SEE EXPLANATORY NOTE BELOW)

DATE
T4 fT4 cTSh

e) PRESCRIBED MEDICATION:

TRADE NAME
ACTIVE INGREDIENT
TREATMENT START DATE
PRESCRIBED DOSE

f) INTRA-THERAPY LABORATORY VALUES:

N.B. ATTACH INTRA-THERAPY LABORATORY REPORT (MADE AT LEAST AFTER 4 WEEKS SINCE START OF THERAPY) SHOWING DOG AND LABORATORY DATA IDENTIFICATION (SEE EXPLANATORY NOTE BELOW)

DATE
T4 fT4 cTSh

VETERINARIAN STAMP AND SIGNATURE

OWNER SIGNATURE

(*) EXPLANATORY NOTE ON THE USE OF THYROID HORMONE:

Oral thyroid hormone use before and during the race is permitted only for dogs with a diagnosed thyroid disease, under the specific prescription of the treating veterinarian. This is subject to the following conditions:

At least one hour before the pre-race veterinary inspection, the "FORM OF EXEMPTION T" must be presented to the DCO along with laboratory reports.

These reports must include:

- ✓ **Subject and Laboratory Identification:** Identification of the treated subject and the laboratory.

- ✓ **Thyroid Hormone Values:** Values for T4, Free T4, and cTSH determined:

A) At the time of diagnosis (values must be below the minimum normal range indicated by the laboratory).

B) At least four weeks after the commencement of hormone therapy (values must not exceed the maximum normal range set by the laboratory).

NB: Scientific research indicates that "Alaskan Husky" dogs may have lower physiological hormone levels (particularly during training and competition periods) compared to standard values for other breeds. According to the literature, the normal range for these dogs is:

- ✓ T4 = 5.3 to 40.3 nmol/L (0.41 to 3.13 ug/dL)

- ✓ Free T4 = from 3.0 to 24.0 pmol / L (0.23-1.86 ng / dL)

- ✓ cTSH = 8.0 to 37.0 mU / L (0.1-0.68 ng / mL)

For these dogs the treating veterinarian must take into consideration the therapeutic use of thyroid hormones only if the detection of laboratory values below the minimum, as described above, was accompanied by actual clinical hypothyroidism suspicious symptoms.

- + Effects of racing and non-training on plasma thyroid hormone Concentrations in sled dogs. Lee JA, Hinchcliff KW, Piercy RJ, Schmidt KE, Nelson S Jr. J Am Vet Med Assoc. 2004 Jan 15; 224 (2): 226-31

- + Alterations in thyroid hormone Concentrations in healthy sled dogs before and after athletic conditioning. Evason MD, Carr AP, Taylor SM, Waldner CL. Am J Vet Res. 2004 Sep; 65 (3): 333-7.